



## How to Apply the Yuvanesse Creams

We would like to share with you the appropriate way to apply the creams, So you can get the desired effect.

The cream should be applied in the morning (or night, as directed), after your bath, to the inside of one wrist, only. The small amount of cream should be spread on both the arms, using the opposite wrist. None of the cream should go onto your fingers or hands. It is inappropriate to apply to the cream to the face, neck, tummy or chest areas. Absorption is poor and could even result in negative effects. The same system should be used for all of the creams.

The products are USP grade and function properly, but only if applied appropriately.

Thank you for your support.  
The Yuvanesse Pharmacy Team

### Step One



Remove the correct cream syringe from the bag and remember to place it back into a cool place as the creams should remain refrigerated

### Step Two



Now Squeeze the correct dosage onto the inner/back of your forearms, by keeping an eye on the lines on the syringe

### Step Three



Rub your left and right arm against each other, in a circular motion, until the cream has dried on your skin. Return the syringes to the refrigerator.

To know more about applying the Yuvanesse creams or to know about other Yuvanesse Products, You may speak with a trained and certified Yuvanesse Pharmacist at : +91 22 26314164 or visit our website - [www.yuvanessepharmacy.com](http://www.yuvanessepharmacy.com)

